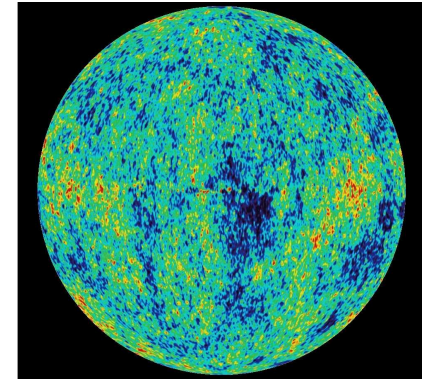


IEM INSTITUTO DE ESTRUCTURA
DE LA MATERIA
CSIC CONSEJO SUPERIOR
DE INVESTIGACIONES CIENTÍFICAS



Nonsingular Universes a là Palatini.

Gonzalo J. Olmo

Instituto de Física Corpuscular - CSIC (Valencia, Spain)



Motivation and Summary

- The **Big Bang singularity** is regarded as a problem that only a full **quantum theory of gravity** can solve. But we do not have yet such a theory.

● Motivation and Summary

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LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End



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- Phenomenological attempts to avoid singularities with effective theories generally require **new degrees of freedom** (non-local terms, extra fields, higher-order equations), which are excited and become important at increasing energies.

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- Here we consider the following problem:

Can we construct a Lagrangian-based phenomenological theory of gravity free from singularities and as successful as GR at low energies without introducing extra fields or new degrees of freedom?

● Motivation and Summary

● Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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- Here we consider the following problem:

Can we construct a Lagrangian-based phenomenological theory of gravity free from singularities and as successful as GR at low energies without introducing extra fields or new degrees of freedom?

- A (Hamiltonian-based) example sharing this philosophy is provided by some toy models of **canonical quantum gravity**:
 - ◆ The effective dynamics of **Loop Quantum Cosmology** replaces the Big Bang singularity by a **cosmic bounce** using second-order equations (like GR). The bounce is due to **non-perturbative quantum effects**.
 - ◆ Lagrangians yielding similar dynamics could answer our question and establish a link with **LQC** and related approaches.

Motivation and Summary

- A partial answer to our question was found recently in the form of an $f(R)$ theory in **Palatini formalism** which could exactly reproduce the effective dynamics of isotropic **LQC** – Olmo & Sing (2009).

● Motivation and Summary

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LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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● Motivation and Summary

● Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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● Motivation and Summary

● Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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- Since exact isotropy is a very strong idealization, here we consider the behavior of $f(R)$ and other Palatini theories in **anisotropic scenarios**.
- We will see that:

- ◆ $f(R)$ models with isotropic bouncing solutions generically develop **shear singularities** in **anisotropic** scenarios.
- ◆ Completely regular isotropic and anisotropic bouncing solutions exist in $f(R, Q)$ models, where $Q \equiv R_{(\mu\nu)}R^{(\mu\nu)}$, thus providing a promising arena to build a non-singular theory of gravity.



- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

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Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

LQC and other bouncing $f(R)$ models

Palatini $f(R)$ theories

- Action and field equations of Palatini $f(R)$ theories:

$$S = \frac{1}{2\kappa^2} \int d^4x \sqrt{-g} f(R) + S_m(g_{\mu\nu}, \Psi), \text{ where } (g_{\mu\nu}, \Gamma_{\beta\gamma}^\alpha) \text{ are independent.}$$

$$f_R R_{\mu\nu}(\Gamma) - \frac{1}{2} g_{\mu\nu} f(R) = \kappa^2 T_{\mu\nu}, \text{ where } f_R \equiv df/dR.$$

$$\nabla_\alpha \left(\sqrt{-g} f_R g^{\beta\gamma} \right) = 0 \Rightarrow \Gamma_{\beta\gamma}^\alpha = \frac{t^{\alpha\rho}}{2} \left[\partial_\beta t_{\rho\gamma} + \partial_\gamma t_{\rho\beta} - \partial_\rho t_{\beta\gamma} \right], \text{ where } t_{\mu\nu} = f_R g_{\mu\nu}.$$

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

● Palatini $f(R)$ theories

- Finding the CEA
- Other nonsingular $f(R)$ models
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Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

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Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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$$G_{\mu\nu}(g) = \frac{\kappa^2}{f_R} T_{\mu\nu} - \frac{\mathcal{R} f_R - f}{2f_R} g_{\mu\nu} - \frac{3}{2f_R^2} \left(\partial_\mu f_R \partial_\nu f_R - \frac{1}{2} g_{\mu\nu} (\partial f_R)^2 \right) + \frac{1}{f_R} \left(\nabla_\mu \nabla_\nu f_R - g_{\mu\nu} \square f_R \right)$$

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

● Palatini $f(R)$ theories

- Finding the CEA
- Other nonsingular $f(R)$ models
- Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

● Palatini $f(R)$ theories

- Finding the CEA
- Other nonsingular $f(R)$ models
- Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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- Palatini $f(R)$ looks like GR with a modified source !!!

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

● Palatini $f(R)$ theories

- Finding the CEA
- Other nonsingular $f(R)$ models
- Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

Finding the LQC effective action

■ In a FRW Universe $ds^2 = -dt^2 + a^2(t)d\vec{x}^2$. In GR $3(\dot{a}/a)^2 = \kappa^2\rho$

■ For a massless scalar, the Hubble function $H = \dot{a}/a$ is given by

◆ In LQC: $3H^2 = 8\pi G\rho \left(1 - \frac{\rho}{\rho_{crit}}\right)$, with $\rho_{crit} = 0.41\rho_{Planck}$.

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● Motivation and Summary

● Motivation and Summary

LQC and bouncing $f(R)$ models

● Palatini $f(R)$ theories

● Finding the CEA

● Other nonsingular $f(R)$ models

● Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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● Motivation and Summary

● Motivation and Summary

LQC and bouncing $f(R)$ models

● Palatini $f(R)$ theories

● Finding the CEA

● Other nonsingular $f(R)$ models

● Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

- Palatini $f(R)$ theories
- Finding the CEA
- Other nonsingular $f(R)$ models
- Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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● Motivation and Summary

● Motivation and Summary

LQC and bouncing $f(R)$ models

● Palatini $f(R)$ theories

● Finding the CEA

● Other nonsingular $f(R)$ models

● Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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■ This leads to a **unique solution** with $f_R \rightarrow 1$ when $R \rightarrow 0$ satisfying

$\ddot{a}_{LQC} = \ddot{a}_{Pal}$ at $\rho = \rho_c$ – Olmo & Sing (2009).

● Motivation and Summary

● Motivation and Summary

LQC and bouncing $f(R)$ models

● Palatini $f(R)$ theories

● Finding the CEA

● Other nonsingular $f(R)$ models

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Beyond isotropy in $f(R)$ models

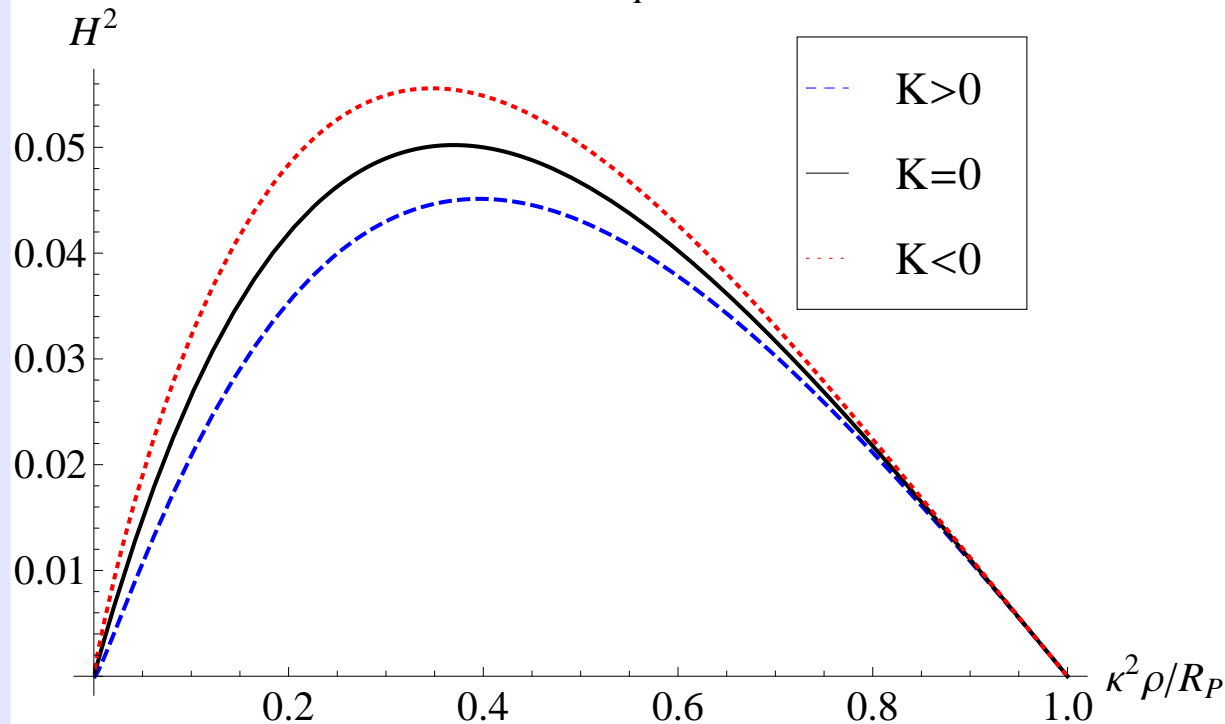
Beyond $f(R)$

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Other nonsingular $f(R)$ models

- The LQC Lagrangian is not the only $f(R)$ model that avoids the Big Bang singularity. The simple model $f(R) = R + a \frac{R^2}{R_P}$ can also do the job:

$$f(R) = R - \frac{R^2}{2 R_P}, \quad \omega=0$$



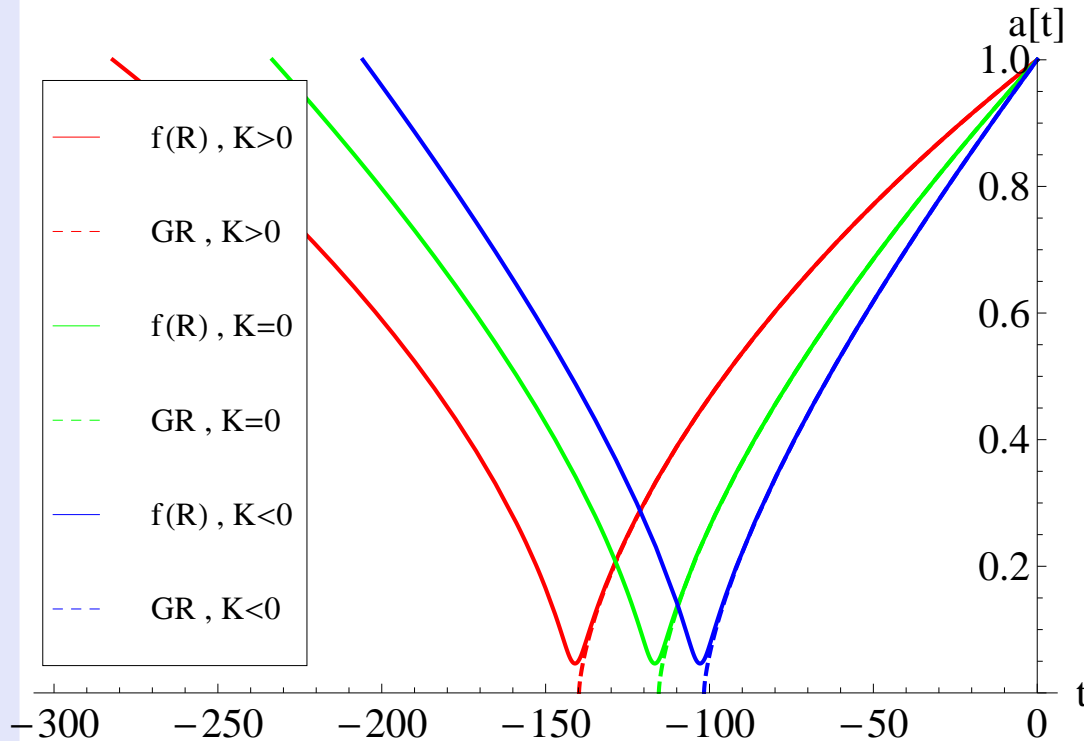
- The Hubble function begins growing linearly, then reaches a maximum and drops to zero at high energies producing a cosmic bounce.



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$$\text{GR - Vs- } f(R) = R - \frac{R^2}{2 R_p}$$



- Starting with a contracting phase, the expansion factors reach a minimum and bounce to our expanding universe.

- Motivation and Summary
- Motivation and Summary
- LQC and bouncing $f(R)$ models
- Palatini $f(R)$ theories
- Finding the CEA
- Other nonsingular $f(R)$ models
- Characterizing the $f(R)$ Bounce
- Beyond isotropy in $f(R)$ models
- Beyond $f(R)$
- The End

Characterizing the $f(R)$ Bounce.

- For a general $f(R)$ theory, the Hubble function is given by ($P = w\rho$)

$$H^2 = \frac{1}{6f_R} \frac{\left[f + \kappa^2(\rho + 3P) - \frac{6Kf_R}{a^2} \right]}{\left[1 + \frac{3}{2}\tilde{\Delta}_1 \right]^2} \quad \text{where} \quad \tilde{\Delta}_1 = -(1+w)\rho(\partial_\rho f_R)/f_R .$$

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

- Palatini $f(R)$ theories
- Finding the CEA
- Other nonsingular $f(R)$ models
- Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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- A cosmic bounce occurs whenever $H^2 = 0$, which may happen if:

- ◆ I: $f_R(Rf_{RR} - f_R) = 0$ because $\tilde{\Delta}_1 = \frac{(1+w)(1-3w)\kappa^2\rho f_{RR}}{f_R(Rf_{RR} - f_R)}$.
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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

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Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

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- ◆ II: $f + \kappa^2(\rho + 3P) - 6Kf_R/a^2 = 0$.

- If $f(R) \approx R$ at low energies, only $f_R = 0$ occurs. – Barragán & Olmo (2010)

- ◆ Assuming $g(R) = 2\left(1 + \frac{3}{2}\tilde{\Delta}_1\right) = \frac{f_{RR}[6(1+w)f - (1+3w)Rf_R] - f_R^2}{f_R(Rf_{RR} - f_R)}$ such that $g(R) \approx 1$ at

low R but diverges at R_P , and denoting $f = R_0 e^{\lambda(R)}$, we find

$$\frac{\lambda_{RR} + \lambda_R^2}{\lambda_R^2} = \frac{[2 - g(R)]}{6(1+w) - [1 + 3w + g(R)]R\lambda_R}$$

- ◆ Since $R\lambda_R > 0$, the denominator may vanish as $g(R)$ grows. A true bounce can only happen when $g(R) \rightarrow \infty$, but that requires that $g(R)\lambda_R$ be finite to exactly cancel out with the other terms. Since this can only happen if $\lambda_R = 0 = f_R$, the condition $Rf_{RR} - f_R$ is excluded.

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

- Palatini $f(R)$ theories
- Finding the CEA
- Other nonsingular $f(R)$ models
- Characterizing the $f(R)$ Bounce

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End



- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models


Beyond isotropy in $f(R)$ models

- Anisotropies in $f(R)$

Beyond $f(R)$

The End

Beyond isotropy in $f(R)$ models



Anisotropies in $f(R)$: the end of a dream.

- Consider a Bianchi I universe: $ds^2 = -dt^2 + \sum_i a_i^2 (dx^i)^2$

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

- Anisotropies in $f(R)$

Beyond $f(R)$

The End

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■ Magnitudes of interest: $(H_i = \frac{\dot{a}_i}{a_i})$

◆ Expansion: $\theta = \sum_i H_i \Rightarrow \theta^2 = 9H^2 + \frac{3}{2} \frac{\sigma^2}{(1 + \frac{3}{2} \tilde{\Delta}_1)^2}$

◆ Shear: $\sigma^2 = \sum_i \left(H_i - \frac{\theta}{3}\right)^2 \Rightarrow \sigma^2 = \frac{\rho^{1+w}}{f_R^2} \frac{(C_{12}^2 + C_{23}^2 + C_{31}^2)}{3}$

where $C_{12} + C_{23} + C_{31} = 0$.

◆ Conservation equation: $\dot{\rho} = -\theta(\rho + P)$

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

- Anisotropies in $f(R)$

Beyond $f(R)$

The End

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Since H^2 can only vanish when $f_R = 0$ and that implies a divergence of $\sigma^2 \sim 1/f_R^2$, Palatini $f(R)$ models turn out to be unstable under anisotropic perturbations.

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■ Note that $R_{\mu\nu\sigma\rho} R^{\mu\nu\sigma\rho} \sim 1/f_R^4$ confirms that the divergence of σ^2 is a true geometrical singularity.

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

- Anisotropies in $f(R)$

Beyond $f(R)$

The End



- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models


Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$
- Conclusions

The End

Beyond $f(R)$



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- Motivation and Summary
- Motivation and Summary


LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$
- Conclusions

The End



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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$
- Conclusions

The End

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$
- Conclusions

The End

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- In such theories the indep. connection is the Levi-Civita of

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$
- Conclusions

The End

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- We also find that $R = R(\rho, P)$, $Q = Q(\rho, P)$, which implies a phenomenology much richer than that of $f(R)$ theories.

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$
- Conclusions

The End



Explicitly solvable $f(R, Q)$ models

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

● From $f(R)$ to $f(R, Q)$

● Solvable models

● Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

● Details of $a \leq 0$

● Conclusions

The End

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- Simplest solvable models: $f(R, Q) = \tilde{f}(R) + \frac{R_{(\mu\nu)}R^{(\mu\nu)}}{R_P}$

- ◆ Trace equation $2Qf_Q + Rf_R - 2f = \kappa^2 T \Rightarrow R\tilde{f}_R - 2\tilde{f} = \kappa^2 T \Rightarrow R = R(T)$.

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

● From $f(R)$ to $f(R, Q)$

● Solvable models

● Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

● Details of $a \leq 0$

● Conclusions

The End

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$$Q = \frac{3R_P^2}{8} \left[1 - \frac{2\kappa^2(\rho+P)}{R_P} + \frac{2\kappa^4(\rho-3P)^2}{3R_P^2} - \sqrt{1 - \frac{4\kappa^2(\rho+P)}{R_P}} \right]$$

Expanding: $Q \approx \kappa^4 (3P^2 + \rho^2) + \frac{3\kappa^6(P+\rho)^3}{2R_P} + \frac{15\kappa^8(P+\rho)^4}{4R_P^2} + \dots$

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

● From $f(R)$ to $f(R, Q)$

● Solvable models

● Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

● Details of $a \leq 0$

● Conclusions

The End

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- ρ and P are **bounded from above**: $1 - \frac{4\kappa^2(\rho+P)}{R_P} \geq 0$

We expect **important changes in the dynamics at high curvatures** (Big Bang, Black Holes,...).

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

From $f(R)$ to $f(R, Q)$

Solvable models

Details of $f(R, Q)$

Isotropic bounce in $f(R, Q)$

Details of $a \leq 0$

Conclusions

The End

Details of $f(R, Q)$ in FRW and Bianchi I

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

● From $f(R)$ to $f(R, Q)$

● Solvable models

● Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

● Details of $a \leq 0$

● Conclusions

The End

Details of $f(R, Q)$ in FRW and Bianchi I

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

● From $f(R)$ to $f(R, Q)$

● Solvable models

● Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

● Details of $a \leq 0$

● Conclusions

The End

Details of $f(R, Q)$ in FRW and Bianchi I

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

● From $f(R)$ to $f(R, Q)$

● Solvable models

● Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

● Details of $a \leq 0$

● Conclusions

The End

Details of $f(R, Q)$ in FRW and Bianchi I

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$

- Solvable models

- Details of $f(R, Q)$

- Isotropic bounce in $f(R, Q)$

- Details of $a \leq 0$

- Conclusions

The End

Details of $f(R, Q)$ in FRW and Bianchi I

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- The bouncing condition $\theta = 0$ requires that $(1 + \frac{3}{2} \Delta_1)^2 \rightarrow \infty$.

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

● From $f(R)$ to $f(R, Q)$

● Solvable models

● Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

● Details of $a \leq 0$

● Conclusions

The End

Details of $f(R, Q)$ in FRW and Bianchi I

- The connection equation implies that $\Gamma_{\beta\gamma}^{\alpha}$ is the Levi-Civita of

$$h_{\mu\nu} = \Omega \left(g_{\mu\nu} - \frac{\Lambda_2}{\Lambda_1 - \Lambda_2} u_{\mu} u_{\nu} \right), \text{ where}$$

$$\diamond \quad \Omega = [\Lambda_1 (\Lambda_1 - \Lambda_2)]^{1/2}$$

$$\diamond \quad \Lambda_1 = \sqrt{2f_Q} \lambda + \frac{f_R}{2}$$

$$\diamond \quad \lambda = \sqrt{\kappa^2 P + \frac{f}{2} + \frac{f_R^2}{8f_Q}}$$

$$\diamond \quad \Lambda_2 = \sqrt{2f_Q} \left[\lambda \pm \sqrt{\lambda^2 - \kappa^2 (\rho + P)} \right]$$

- In Bianchi I $f(R, Q)$ spacetimes we find

$$\diamond \quad \theta^2 = 9H^2 + \frac{3}{2} \frac{\sigma^2}{(1 + \frac{3}{2}\Delta_1)^2}$$

$$\diamond \quad \Delta_1 = -(1+w)\rho\partial_{\rho}\Omega/\Omega$$

$$\diamond \quad H^2 = \frac{1}{6(\Lambda_1 - \Lambda_2)} \frac{\left[f + \kappa^2(\rho + 3P) - \frac{6K\Lambda_1}{a^2} \right]}{\left[1 + \frac{3}{2}\Delta_1 \right]^2}$$

$$\diamond \quad \sigma^2 = \frac{\rho^{\frac{2}{1+w}}}{(\Lambda_1 - \Lambda_2)^2} \frac{(C_{12}^2 + C_{23}^2 + C_{31}^2)}{3}$$

- The bouncing condition $\theta = 0$ requires that $(1 + \frac{3}{2}\Delta_1)^2 \rightarrow \infty$.

- For the model $f(R, Q) = R + a \frac{R^2}{R_P} + \frac{R_{(\mu\nu)} R^{(\mu\nu)}}{R_P}$

- ◆ If $(\Lambda_1 - \Lambda_2) \rightarrow 0$ at some ρ_B then isotropic bounce is possible.

- ◆ If $Q = Q_{max}$ a regular isotropic and anisotropic bounce is possible.

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

● From $f(R)$ to $f(R, Q)$

● Solvable models

● Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

● Details of $a \leq 0$

● Conclusions

The End



Dependence of the bounce on (a, w) in $f(R, Q)$

- The classification of the bouncing solutions for

$$f(R, Q) = R + a \frac{R^2}{R_P} + \frac{R_{\mu\nu} R^{\mu\nu}}{R_P} \text{ is as follows:}$$

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$

● Isotropic bounce in $f(R, Q)$

- Details of $a \leq 0$
- Conclusions

The End

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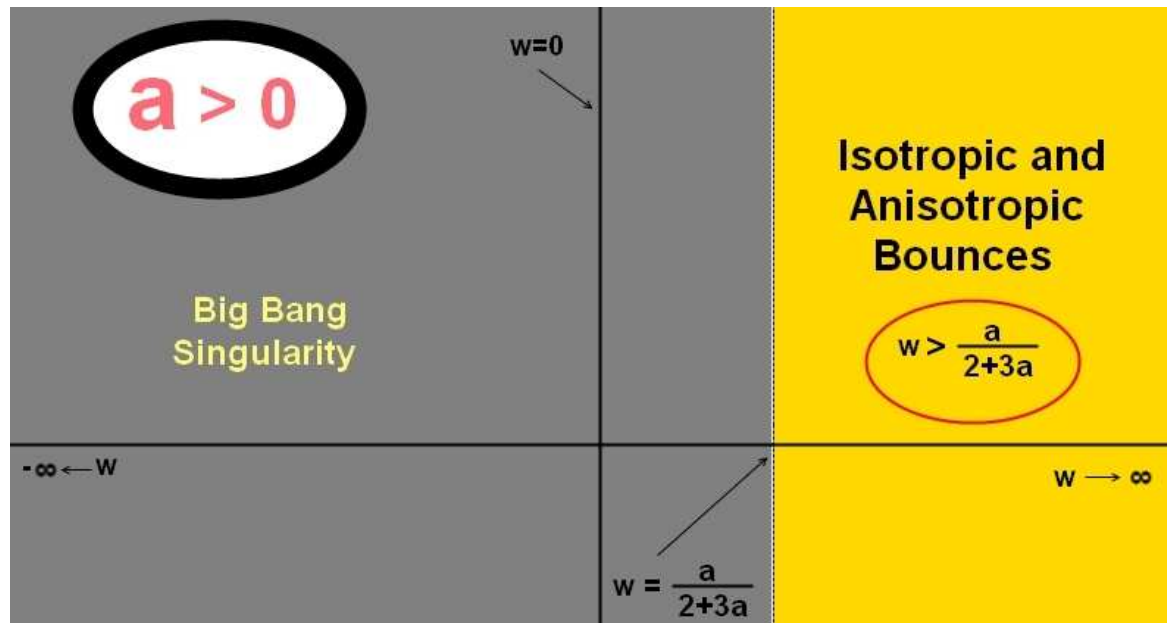
$$f(R, Q) = R + a \frac{R^2}{R_P} + \frac{R_{\mu\nu} R^{\mu\nu}}{R_P}$$

is as follows:

- If $a > 0$ the bounce occurs when $Q = Q_{max}$. This is so because $\partial_\rho \Omega \sim \partial_\rho \lambda \sim \partial_\rho Q$ and Q contains a term of the form $\sqrt{\Phi}$ which vanishes at Q_{max} . The density at the maximum is given by

$$\frac{\kappa^2 \rho_{Q_{max}}}{R_P} \equiv \frac{1 + 5w - 2a(1 - 3w) - \sqrt{8(1+w)(2w - a(1 - 3w))}}{(1 + 2a)^2 (1 - 3w)^2}$$

- ◆ The bounce occurs at that density if $w > \frac{a}{2+3a}$



Dependence of the bounce on (a, w) in $f(R, Q)$

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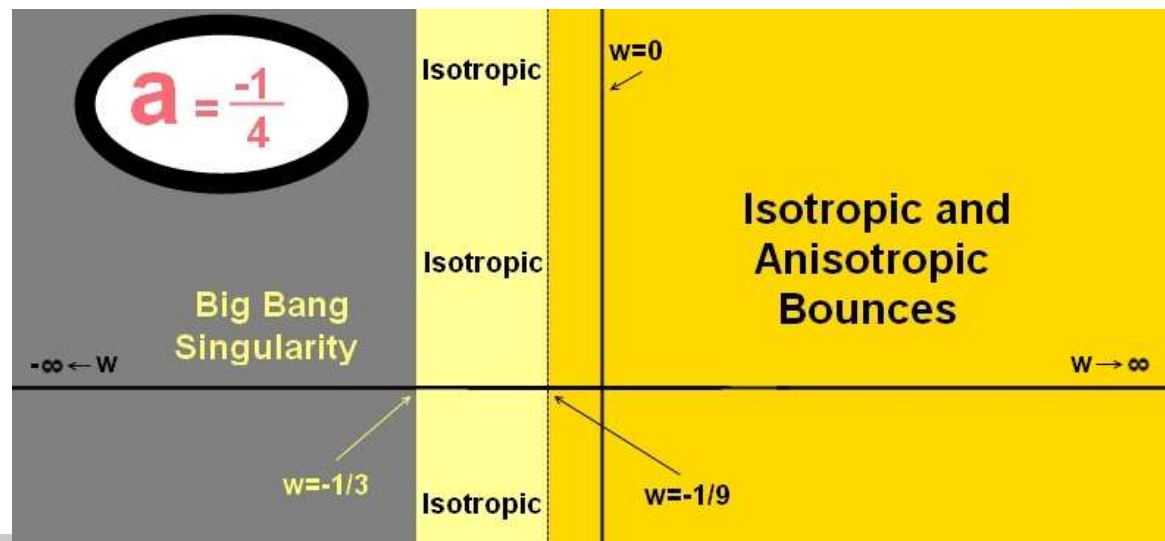
$$f(R, Q) = R + a \frac{R^2}{R_P} + \frac{R_{\mu\nu} R^{\mu\nu}}{R_P}$$

is as follows:

- If $a \leq 0$ the bounce occurs at the following density:

$$\frac{\kappa^2 \rho_B}{R_P} = \begin{cases} \frac{1+6w-2a(1-3w)-3\sqrt{w(2+3w)-a(1+w)(1-3w)}}{(1+a)(1+4a)(1-3w)^2} & \text{if } w \leq w_0 \\ \frac{\kappa^2 \rho_{Q_{max}}}{R_P} & \text{if } w \geq w_0 \end{cases}$$

- ◆ Note that w_0 is always negative.
- ◆ For $w \geq w_0$ the bounce is due to reaching Q_{max} .
- ◆ For $w \leq w_0$ the bounce is due to the vanishing of $\Lambda_1 - \Lambda_2$.



Details of $a \leq 0$ isotropic bounces

- How negative can w be extended beyond the matching point w_0 ?
- If $-1/4 < a \leq 0$ restricted by the argument of the square root for

$$w \leq w_0 \Rightarrow -\frac{1}{3} + \frac{1}{3} \sqrt{\frac{1+4a}{1+a}} < w < \infty$$

- If $a = -1/4$ the density at the bounce is given by

$$\frac{\kappa^2 \rho_B}{R_P} = \begin{cases} \frac{1}{3(1+3w)} & \text{if } w \leq -\frac{1}{9} \\ \frac{\kappa^2 \rho_{Qmax}}{R_P} & \text{if } w \geq -\frac{1}{9} \end{cases} \Rightarrow -1/3 \leq w < \infty$$

- If $-1/3 \leq a \leq -1/4$ Though here the square root is always real, we find numerically that the bouncing solutions cannot be extended beyond the value $w < -1$, where ρ_B reaches a maximum $\Rightarrow -1 < w < \infty$

- If $-1 \leq a \leq -1/3$ here $-1 < w$ also. We also find restrictions for $w > 1$

$$\text{due to zeros in the denominator of } H^2. \Rightarrow -1 < w < \frac{\alpha + \beta a}{(1+3a)^2} > 1,$$

where $\alpha = 1.1335$ and $\beta = -3.3608$.

- If $a \leq -1$ w depends on the square root $\Rightarrow -1 < w < a/(2+3a)$.

Note that dust and radiation are always non-singular!!!

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$
- Conclusions

The End

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- Palatini theories have an extraordinary ability to avoid singularities without the need for extra degrees of freedom:
 - ◆ Using $f(R)$ Lagrangians we reproduced the isotropic LQC dynamics.
 - ◆ Other simple models, $f(R) = R + R^2/R_P$, also avoid the big bang.

$f(R, Q)$ Lagrangians generate bouncing solutions in anisotropic scenarios and for standard sources of matter and radiation, $0 \leq w \leq 1/3$!!!

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$

● Conclusions

The End

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- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
- Isotropic bounce in $f(R, Q)$
- Details of $a \leq 0$

● Conclusions

The End

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- The independent connection is fundamental to **avoid new degrees of freedom** and yield **non-linear matter contributions** that generate the **bounce**.
- Natural future directions:
 - ◆ Cosmology of other Bianchi models.
 - ◆ Gravitational collapse and structure of compact objects in $f(R, Q)$.
 - ◆ Exploration of more general quadratic Lagrangians.
 - ◆ Hamiltonian description of general Palatini theories.

- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

- From $f(R)$ to $f(R, Q)$
- Solvable models
- Details of $f(R, Q)$
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- Details of $a \leq 0$

● Conclusions

The End



- Motivation and Summary
- Motivation and Summary

LQC and bouncing $f(R)$ models

Beyond isotropy in $f(R)$ models

Beyond $f(R)$

The End

Thanks !!!